

Nursing Interventions with Parkinson's Disease

Nursing Management



Management of Parkinson Disease

- Exercise and ambulation
 - yoga, tai chi
 - collaborate with PT and OT
 - incorporate active and passive ROM exercises

Management of Parkinson Disease

- Self-management
 - encourage independence
 - use adaptive devices
 - OT and PT assist in training in performing ADL's



Management of Parkinson Disease

- Injury prevention
 - monitor sleeping pattern
 - monitor safety in performing high risk tasks
 - home environment

Management of Parkinson Disease

- Nutrition
 - monitor ability to eat/swallow
 - prevent aspiration
 - provide supplemental nutrition
 - monitor weight

Management of Parkinson Disease

- Communication
 - Speech therapy
 - develop a communication plan
 - utilize assistive devices

Management of Parkinson Disease

- Psychosocial support
 - provide positive reinforcement
 - collaborate with social service regarding financial, health insurance and placement issues

NURSING DIAGNOSIS

- Self-care deficit related to slowness of movement and muscle rigidity
- Risk for injury related to postural instability and muscular rigidity
- Impaired verbal communication related to slowness of movement
- Altered nutrition related to poor muscle control
