

Our Award-Winning Horticulture Program Prepares for the Flower Show



MCCC Horticulture Program preparation for the 2023 Philadelphia Flower Show

Information about attending the Philadelphia Flower Show and supporting out students can be found at:

<https://phsonline.org/the-flower-show>

Student Journalism Online

the college VOICE

The Student Newspaper of Mercer County Community College Since 1968

Although *The College VOICE* student newspaper is not running digital editions this semester, the Journalism II students are still writing top-notch digital content. Be sure to keep up with the campus news and read these new articles:

- ChatGPT generates mixed reception from MCCC faculty
- The show goes on after homophobic incident at Kelsey Theatre performance
- Mercer's James Kerney Campus hosts the Melanin Market for Black History Month
- LA building renovation progress receives mixed reception
- Stop by Cafe Ojala for coffee, culture and community
- Protestors gather in Princeton to mourn the death and honor the life of Tyre Nichols
- Hustle culture is killing us!

Stay tuned for new articles next month!

New Admission Agreement with The College of New Jersey



MCCC has signed a new Admission Agreement with The College of New Jersey, which will make it easier for students to transfer from MCCC to TCNJ! MCCC President Dr. Deborah Preston and TCNJ President Dr. Kathryn Foster officially signed this agreement this morning.

Students who complete an A.A. or A.S. degree from MCCC and are in good academic standing will be granted admission to TCNJ. Additionally, MCCC students earning either an A.A.S. or A.F.A degree will be considered for TCNJ's School of the Arts and Communication. This agreement applies to students who plan to enroll at TCNJ for the Fall 2023 semester and beyond.

The College looks forward to entering into this agreement and working with TCNJ to provide Mercer students with great opportunities to grow!

Spread the word to your network:
[View & Share on Facebook](#) / [View & Share on LinkedIn](#)

Professional Development

The CGC Professional Development Committee is pleased to announce our Technology Training Schedule for the Spring 2023 semester. Enrollment is now open for the first four sessions; please ensure you are available for the entirety of each session in which you enroll.

- Thursday, March 2**
- 10:00 a.m. - noon: Using Teams **Enroll**
 - 1:00 - 3:00 p.m.: Using Excel I **Enroll**
- Thursday, April 6**
- 10:00 a.m. - noon: Using Excel II
 - 1:00 - 3:00 p.m.: Using Outlook & OneDrive

Supporting Our Students

ZOOM ROOM WORKSHOP SERIES
 Develop an effective and efficient Academic Study Plan

Critical College Survival Skills
 To join a workshop, please click on the Zoom link

Join Zoom Meeting
<https://mccc-edu.zoom.us/j/92703284128>
 Meeting ID: 927 0328 4128

NO RSVP Needed!

READING A COLLEGE TEXTBOOK
 Reading is a substantial part of college learning. There are several powerful strategies that can help you get the most out of your reading assignments. The workshop will incorporate strategies associated with areas of reading which give you the most trouble.
WEDNESDAY, FEBRUARY 15 / 5-6 pm

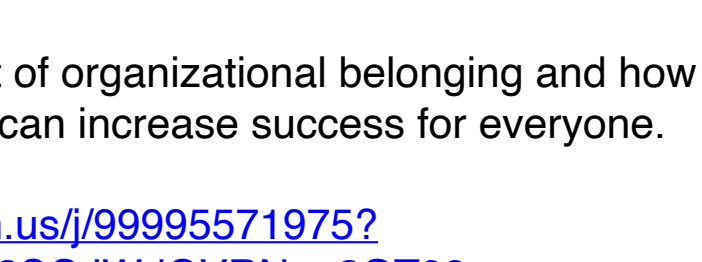
BALANCING SCHOOL, WORK AND LIFE
 Time management is the ability to plan and control how you spend the hours in your day to effectively accomplish your goals. Poor time management can be related to procrastination as well as problems with self-control. Skills involved in managing your time will be covered in this workshop. At the conclusion, you will develop a Time Management Class-Study-Tutoring Schedule.
FRIDAY, MARCH 3 / 10-11 am
TUESDAY, MARCH 7 / 5-6 pm

IMPACT OF MINDSET ON LEARNING AND MOTIVATION
 Mindset is the fundamental driving behind what we do and why we do it. Interactive and informative workshop to learn more about how one's mindset can impact your learning/motivation, including strategies on how to adopt a growth mindset.
WEDNESDAY, FEBRUARY 22 / 5-6 pm
TUESDAY, MARCH 21 / 12-1 pm

STUDENT PLANNING
 Join this workshop to learn how to navigate your Student Planner to learn how to your timeline, register, and keep track of your degree program progress.
WEDNESDAY, MARCH 29 / 12-1 pm
TUESDAY, APRIL 11 / 12-1 pm
THURSDAY, APRIL 13 / 5-6 pm
WEDNESDAY, APRIL 19 / 5-6 pm

GOOD SLEEP, GOOD GPA
 Why sleep matters and how to get more of it!
TUESDAY, MARCH 14 / 12-1 pm
WEDNESDAY, MARCH 15 / 5-6 pm

CHECK OUT THE CRC WEBPAGE
https://mccc.edu/student_crc.shtml



Mental Health First Aid

On behalf of the NJ Every Mind Matters initiative, NJ Council of County Colleges, and Mental Health Association of NJ, we are pleased to offer **Mental Health First Aid** certification training from the **National Council for Mental Wellbeing** as well as **QPR** gatekeeper training for FREE!

Mental Health First Aid
9am - 4pm via Zoom
Two options: March 31st or May 17th
[Register Here](#)

In the Mental Health First Aid course, you will learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help. Topics covered:

- depression and mood disorders
- anxiety disorders
- trauma
- psychosis
- substance use disorders

QPR Suicide Prevention
April 13th 11:30am - 1pm via Zoom
[Register Here](#)

QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. According to the Surgeon General's National Strategy for Suicide Prevention (2001), a gatekeeper is someone in a position to recognize a crisis and the warning signs that someone may be contemplating suicide. Register for these free trainings today!

A Sense of Belonging

The **CGC Professional Development Committee** is pleased to announce the next Diversity, Equity, and Inclusion Training Tidbit

Friday, February 24, at 12:15 p.m. on [Zoom](#)

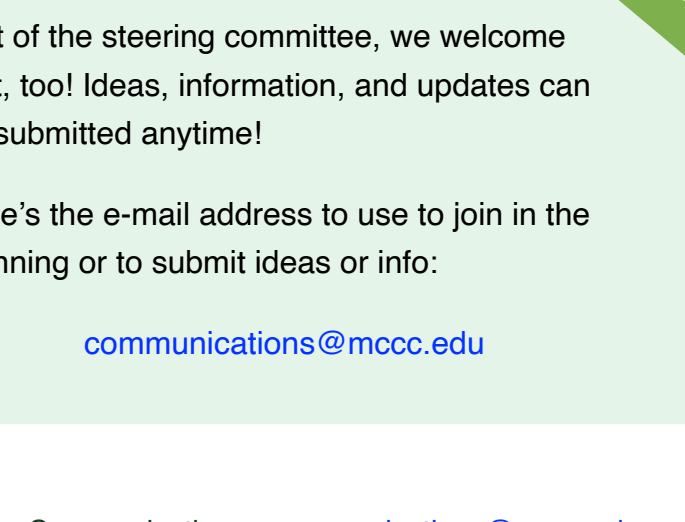
"How Do We Develop a Sense of Belonging in the College for Everyone?"

Rob Obermeier will explore the concept of organizational belonging and how incorporating it in our campus culture can increase success for everyone.

<https://mccc-edu.zoom.us/j/99995571975?pwd=aWREbU45cUHQ2SGJWdGVRRnNo2QT09>

Retirement Planning

Let's talk about your financial future.



- If your retirement is getting close, discuss what you need to do to leave the job and paycheck behind with confidence
- Key ages that present additional retirement planning opportunities are 50, 55, 59.5, 62, 70 and 73
- Catching up with catch-up contributions
- Am I too old for a Roth? Should I avoid stocks at this age?
- Planning for Required Minimum Distributions and your beneficiaries. This has always been a confusing area and with the Secure Act and Secure Act 2.0 it changed again. Discuss if this affects your financial planning.
- Taxes explained! Tax deferred vs. tax free; capital gains taxes vs. ordinary income
- Longevity can be a blessing but how do you financially prepare for a 20+ year retirement?

[Click here to schedule an appointment with CoreBridge Financial](#)

Athletics Alumni Spotlight

When Mercer men's basketball faces off against County College of Morris, there is a familiar face on the sidelines. That familiar face is Anthony Obery, who played for Mercer in 2009-2010 and 2010-2011. Obery has been the Head Coach of County College of Morris men's basketball for the past eight seasons. Obery was a starter for the 2009-2010 Viking team that made it to the NJCAA National Championship.

Not only does Obery serve as Head Coach for CCM, he is also a cop with the Roselle Police Department, a pastor with New Bethel Baptist Church and has two young children. In December 2022, Obery became a Bishop with New Bethel Baptist Church. When asked how he does it all, he said "It's a lot. I don't know how I've been doing it this long to be honest. Next year will be 10 years and it's so unreal to me. I must say it's because of God who gives me the strength and support from my wife and family that allows me to be who I am. It's not easy but I enjoy it." ...[read the full story](#)

Visit the [Athletics Website](#) for More!

Campus Events

Today	Print
Friday, February 24	
9:00am	Zoom Advising & Success
6:00pm	MDE's Hip Hop Intensive \
8:00pm	Sordid Lives at Kelsey The
Saturday, February 25	
9:00am	TRIO Week / TASK Volunt
10:00am	Disney's Beauty and the B
2:00pm	Disney's Beauty and the B
2:00pm	Nursing Education Progra
8:00pm	Sordid Lives at Kelsey The
Sunday, February 26	
12:00pm	Baseball Home Game vs.
1:00pm	MDE's Hip Hop Intensive \
2:00pm	Sordid Lives at Kelsey The
Monday, February 27	
9:00am	Zoom Advising & Success
Google Calendar	

Use the [College calendar](#) on the [Mercer website](#) to keep well informed of events and important dates.

- Examples of calendars listed online:
- [Athletic events](#)
 - [JKC Events](#)
 - [Student Activities](#)
 - [Tutoring Services](#)
 - [Arts & Culture](#)
 - [Center for Retention & Completion](#)
 - [Faculty & Staff Development](#)

You can view all events and calendars online at www.mccc.edu/calendar

If you'd like to add your event, let us know!
communications@mccc.edu

This newsletter is for you!

We welcome your ideas, information from your department that should be shared with staff and faculty, event listings, and your photos, videos, and inspiration.

If you want to contribute but don't want to be part of the steering committee, we welcome that, too! Ideas, information, and updates can be submitted anytime!

If you'd like to join the team that's creating the Weekly Newsletter, we'd love to have you! First, clear it with your manager and then e-mail us!

Here's the e-mail address to use to join in the planning or to submit ideas or info:
communications@mccc.edu

