



MERCER
COUNTY COMMUNITY COLLEGE

COURSE OUTLINE

Course Number PBH102	Course Title Foundations of Community Health Worker Practice	Credits 3
Hours: Lecture/Lab/Other 3/0/0	Co- or Pre-requisite PBH101	Implementation Semester & Year Fall 2024

Catalog description: This course will provide an introduction to outreach methods and strategies for healthcare workers engaging individuals and groups in diverse settings. Responsibilities in care coordination, systems navigation, health education, and comprehensive documentation as part of the healthcare team are examined. Emphasis will be placed on cultural competence, boundary maintenance, legal and ethical decision making in the healthcare field, as well as the importance of self-care.

General Education Category:
[Not GenEd](#)

Course coordinator:
Crystal Adams, MSN,RN, AGCNS-BC, Email:
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[Office hours by appointment](#)

Required texts & Other materials:

Foundations of Community Health Work, 2nd edition
Timothy Berthold, Editor
ISBN 978-1119060891

Course Student Learning Outcomes (SLO):

Upon successful completion of this course the student will be able to:

1. Describe the history of community health workers in local and global health care systems.
[ILGs# 5, 7, 8; PLOs#1, 2]
2. Explain core concepts in the field of approaches in community health work and public health.
[ILGs# 9, 11; PLOs#3, 5]
3. Differentiate between health equality /equity and health inequality/disparity.
[ILGs# 5, 8, 9, 11; PLOs#4]
4. Evaluate the relationship between health equity and social determinants of health.
[ILGs#8, 9, 11; PLOs#4]
5. Demonstrate skill performing the responsibilities of a community health worker including; providing accurate information to clients and communities, advocating for social justice, communicating with providers and community agencies, and creating health education.
[ILGs#1, 5, 9, 11; PLOs#3, 5]

Course-specific Institutional Learning Goals (ILG):

Institutional Learning Goal 1. Written and Oral Communication in English. Students will communicate effectively in both speech and writing.

Institutional Learning Goal 5. Social Science. Students will use social science theories and concepts to analyze human behavior and social and political institutions and to act as responsible citizens.

Institutional Learning Goal 7. History. Students will understand historical events and movements in World, Western, non-Western or American societies and assess their subsequent significance.

Institutional Learning Goal 8. Diversity and Global Perspective: Students will understand the importance of a global perspective and culturally diverse peoples

Institutional Learning Goal 9. Ethical Reasoning and Action. Students will understand ethical frameworks, issues, and situations.

Institutional Learning Goal 11. Critical Thinking: Students will use critical thinking skills understand, analyze, or apply information or solve problems.

Program Learning Outcomes for Public Health(PLO)

Upon successful completion of this course the student will be able to:

1. Describe the history of public health from early humans to the present.
2. Discuss basic epidemiological concepts and calculate basic rates as it pertains to the epidemiology of communicable and noncommunicable diseases.
3. Understand health policy and how it pertains to the status of the nation's public health and the public health as it is in the global community.
4. Understand the social, cultural, and behavioral aspects of health across the life span.
5. Understand public health delivery on a local, state, and national level.

Units of study in detail – Unit Student Learning Outcomes:

Unit I Community Health Work and Public Health [supports SLO 1 & 2]

The student will be able to...

IA: Provide an overview of Community Health Work and Public Health.

IB: Identify the difference between personal and community health.

IC: Identify the role of the community health worker.

Unit II Core Competencies for Providing direct Services. [supports SLO 3 &4]

The student will be able to...

IIA: Practicing cultural humility.

IIB: Understand the social determinants of health and communication.

IIC: Describe the guiding principles of community health work.

Unit III Enhancing Professional Skills. [supports SLO 5]

The student will be able to...

IIIA: Apply core competencies to key health issues.

IIIB: Understand working with communities and groups.

IIIC: Describe facilitation of community health education and training.

Evaluation of student learning:

The three exams will ensure that the students understand the history of community health work and local systems. Other topics covered on the exams will include social determinants of health, community health work principles, and community health equity. This will support SLOs #1, 2, and 3.

The project will consist of developing an educational presentation for a community group in an area where healthcare disparities present significant challenges to the community. This will support SLO# 4, and 5.

The discussion post will discuss health equity and social determinants of health focusing on the challenges that New Jersey communities face. This will support SLOs# 3 and 4.

3 Semester Exams	30%	3@ 15 points = 45 points
Project	15%	1@ 15 points = 15 points
2 Discussion Topics	10 %	2 @ 5 points = 10 points
5 Assignments	40 %	5 @ 5 points = 25 points
Attendance	5 %	5 points
Total	100 %	100 points